

VERMONT MEDICAL SLEEP DISORDERS CENTER, INC.

Specializing in Sleep Diagnostics, Treatment and Education of Sleep Disorders

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Dear Potential Client:

This package has been designed as a screening tool to evaluate if you have a "sleep deficit".

Simply fill out the forms and return to Vermont Medical Sleep Disorders Center in the envelope provided.

After analyzing the validated sleep screen forms in this kit, we will contact you with the results. If need be, we will provide you with the necessary documents to take to your primary physician for further evaluation.

The Epworth Scale: a scale used by all major sleep disorders centers to help identify your sleep deficiency as a first line evaluation of sleep.

The Berlin Questionnaire: a more detailed sleep evaluation tool to further identify sleep apnea.

Our Intake Sheet: You need only to fill out the top part of this sheet marked in Yellow so we can contact you.

We can notify your primary physician of the results of this screening procedure. **Please complete the Primary Physician section on the information sheet if you would like your Primary Physician to receive a copy.**

Feel free to visit our facility anytime for more information on sleep disorders.

Sincerely,
Management